

CATHEDRAL *of the* SACRED HEART

Dedicated on Thanksgiving Day, 1906
Serving Virginia Commonwealth University
Twinning with St. Paul's, Carissade, Haiti



FIRST SUNDAY OF LENT

March 9, 2025

Most Reverend Barry C. Knestout
Bishop of Richmond

Very Reverend Anthony E. Marques, VF
Rector

823 Cathedral Place, Richmond, VA 23220

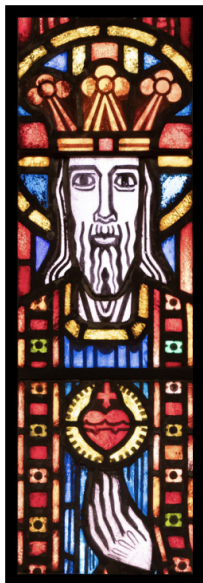
www.richmondcathedral.org

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 am – 4:00 pm

Parish registration: bit.ly/jointhecathedral



Christ the King window in the Cathedral (Rambusch, 1931)

MASSES

Tuesday–Friday: 12:00 N

Saturday: 5:00 pm

Sunday: 9:00 am, 11:00 am, 5:00 pm

CONFESSIONS

Wednesday: 6:00–7:00 pm

Saturday: 4:00–4:45 pm

EUCHARISTIC ADORATION

Wednesday: 6:00–7:00 pm

Confessions, Soup Supper, Stations of the Cross Fridays of Lent | 5:00–6:30 pm

Confessions will be heard from 5:00–6:00 pm in the church, while a soup supper is served in the parish hall. The Stations of the Cross will be prayed at 6:00 pm in the church.

Rector: Very Rev. Anthony Marques.....tmarques@richmonddiocese.org
Deacon: Rev. Mr. Christopher Malone.....cmalone@richmondcathedral.org
Deacon: Rev. Mr. Mark Matte.....mcmatte@verizon.net
Business Manager: Robin Thomas.....rthomas@richmondcathedral.org
Baptisms and Catechesis: Joy Weir.....jweir@richmondcathedral.org
OCIA: Maria Thorsen.....mthorsen@richmondcathedral.org
Weddings: Joanie Price.....afw@richmondcathedral.org
Music: Daniel Sáñez.....dsanez@richmondcathedral.org
VCU Campus Ministry: Chris Spilka.....cspilka@richmonddiocese.org
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Facilities: John Marike.....jmarike@richmondcathedral.org
Finance Council: Rosie Sinclair.....rbsinclair28@gmail.com

QR Code for Parking

Parking validation for Saturday and Sunday Masses only.



Valid until June 2025

When parking in the VCU Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.

COMMUNITY

CALENDAR

Saturday, March 8 3:00 pm 4:00 pm 5:00 pm	St. John of God Rite of Election No confessions 1st Sunday of Lent Mass (+Sigrid Casey)
Sunday, March 9 9:00 am 11:00 am 5:00 pm	1st Sunday of Lent Mass (+Rev. Msgr. Charles Kelly) Cathedral Facebook Livestream Mass (+Tonya Kernodle) Mass (<i>pro populo</i>)
Monday, March 10 12:00 N 6:00 pm	1st Week in Lent No Mass Knights of Columbus meeting
Tuesday, March 11 12:00 N	1st Week in Lent Mass (+collective month's mind)
Wednesday, March 12 12:00 N 6:00 pm 7:00 pm	1st Week in Lent No Mass Confessions and adoration Bible Study
Thursday, March 13 12:00 N	1st Week in Lent Mass
Friday, March 14 12:00 N 5:00 pm 6:00 pm	1st Week in Lent Mass (+Eileen Mare: month's mind) Confessions, Soup Supper Stations of the Cross

INTERCESSORY PRAYERS

Pope's monthly intention (March): For families in crisis: Let us pray that broken families might discover the cure for their wounds through forgiveness, each other's gifts, even their differences.

Vocations: "You shall worship the Lord, your God, and Him alone shall you serve" (Luke 4:8). This Lenten season, reflect on your life's direction. Are you being called to serve God with an undivided heart as a priest or religious brother or sister? Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

Sick: Richard Heberle, Margaret Huber, Madeline Peace, Elizabeth Storm.

Order of Christian Initiation of Adults (OCIA): Inquirers: Daniel Humphrey, Aiden Sangiray, Josh Singh, Russel Williams; Catechumens: Fabrizio Jimenez, Sara Omer, Sara Papa, Steven Taylor; Elect: Sydney Jones, Anna Pletch, Wray Walker; Candidates for Full Communion: Benjamin Ackerly, Jason Austin, Erica Banks, Nishaun Battle, Amanda Booth, Daniel Goetz, Grayson Hannegan, Ashley Jefferson, Julia Lucenti, Corina Nuckols, Kellie O'Brien, Brielle O'Connor, Faith Skibins, Stacie Stockton, Avery Witherow; Candidates for Confirmation and the Eucharist: Andrew Farrell, Janille Olario, Hans Smetana.

YOUNG ADULTS

March 12	Confessions and adoration 6:00 pm Cathedral Bible Study 7:00 pm Cathedral
March 14	Confessions, Soup supper 5:00 pm Cathedral Stations of the Cross 6:00 pm Cathedral

For more information: evangelizerichmond.org/young-adults.

FINANCIAL CONTRIBUTIONS

Fiscal Year 2025

(July 1, 2024 – June 30, 2025)

Offertory Collection

	March 1–2	Year-to-Date
Weekly amount budgeted	\$18,500	\$647,500
Weekly amount received	<u>\$17,497</u>	<u>\$603,121</u>
	-\$1,003	-\$44,379

This weekend, the clocks are moved forward for daylight savings. It's a great time to remember that parishioners can also "pay it forward." By designating a portion of one's estate to the Cathedral, parishioners can ensure a wonderful legacy.

The Cathedral is grateful for the bequests received in 2024. For more information on how you can be part of the future of the Cathedral, please contact Robin Thomas, business manager (rthomas@richmondcathedral.org).

Rite of Election

March 8 | 3:00 pm

Adults from around the Diocese of Richmond who are preparing for the sacraments of Christian Initiation—Baptism, Confirmation, and the Eucharist—have been presented to Bishop Knestout. The bishop then chose (elected) them for these sacraments, which they will receive at the Easter Vigil (April 19).

Three catechumens from the Cathedral took part in the Rite of Election and are new members of the Church's Elect: Sydney Jones, Anna Pletch, and Wray Walker.

Rite of Calling the Candidates to Continuing Conversion

March 9 | 9:00 am, 11:00 am Masses

This rite marks the final preparation of baptized adults who seek the sacraments of Confirmation and the Eucharist. The Rite of Calling the Candidates to Continuing Conversion embraces persons baptized in another Christian denomination who seek to join the Catholic Church (9:00 am), as well as Catholic adults who were baptized as infants and now seek to be confirmed and receive their First Holy Communion (11:00 am).

Knights of Columbus St. Patrick's Day Dinner

March 15 | 6:00 pm | Parish Hall

Come enjoy a delicious meal of corned beef, cabbage, Irish potatoes, soda bread and rolls, ice cream sundaes, and chicken nuggets. The cost is \$8 per person, \$20 per family of four.

Outstanding Young Man/Woman of the Year Deadline: March 15

The Knights of Columbus of Virginia are seeking to recognize a young man or young woman currently in grades 9-12 to be considered for this special award. In addition to the State Award, the Cathedral Council of the Knights of Columbus will select the Bernard J. Quinn Council #11710 Young Man or Young Woman of the Year. The criterion for this award is the same as the above. The prize is a check for \$1,500. To request an application please contact Francis Thompson (francis_thompson@me.com).

WORSHIP

“Remember Us, Saint Joseph”: A Holy Hour in Honor of the Spouse of the Blessed Virgin Mary

March 18 | 6:00–7:00 pm

Each month, a holy hour takes place that includes Exposition of the Most Holy Eucharist, Scripture readings, sacred music, silent prayer, and benediction. The holy hour is a way to deepen one’s love and appreciation for the Eucharist, which is Christ himself.

This month’s holy hour will focus on St. Joseph. According to a sermon preserved in the Liturgy of the Hours, St. Bernadine of Siena (1380–1444) speaks for the whole Church when he says, “Remember us, Saint Joseph, and plead for us with your foster child.”

Meaning of Lent

“Through the two-fold theme of repentance and baptism, the season of Lent disposes both the catechumens and the faithful to celebrate the paschal mystery [the Death, Resurrection, and Ascension of Christ]. Catechumens are led to the sacraments of initiation [Baptism, Confirmation, and the Eucharist] by means of the rite of election, the scrutinies, and catechesis. The faithful, listening more intently to the word of God and devoting themselves to prayer, are prepared through a spirit of repentance to renew their baptismal promises” (*Ceremonial of Bishops*, no. 249; see also *General Norms for the Liturgical Year and the Calendar*, no. 27).

Notes from the Choir Loft

Four antiphons in honor of the Blessed Virgin Mary mark time during the liturgical year. The *Ave Regina Cælorum* (Hail, O Queen of Heaven) is sung from February 3 through Holy Saturday (April 19).

The Cathedral Choir performs a well-known setting of the *Ave Regina Cælorum* by German composer Josef Rheinberger (1839–1901), known primarily as court director of music for the monarch of Bavaria. As royal professor of organ and composition at the Munich Conservatory, Rheinberger mentored many famous musicians, including Americans Horatio Parker and George Whitefield Chadwick, and Germans Richard Strauss and Wilhelm Furtwängler.

Cathedral Foundation Organ Campaign Turning “Pipe” Dreams Into Reality

The second organ concert of the Cathedral’s new organ was a great success. Jean-Baptiste Robin (organist of the royal chapel at the palace of Versailles in France) performed to a full house on March 3. He sensitively and cleverly brought forth the many colors of the new instrument, and used both the gallery and choir organs together and in dialogue with one another. The final organ concert of the season on June 27, will feature the Cathedral’s own director of music and organist.

THE EUCHARIST: OUR TREASURE

We pray, O Lord,
That the reverent reception of the
Sacrament of your Son
may cleanse us from our old ways
and transform us into a new creation.
Through Christ our Lord.

—*Holy Communion and Worship of the Eucharistic Mystery outside Mass*, no. 221 (© 2020, ICEL)

SERVICE

Our Twin Sister in Haiti: St. Paul’s, Carissade

When Fr. Pierre Dieunot joined the Cathedral’s twin parish in Carissade, he was serving alone. Now his staff has grown to include seven people, including a choir and a congregation of 3,320 people. St. Paul’s recently completed a bathroom and a drinking water station for the schoolchildren. Next, St. Paul’s will focus on repairs to the school and continuing construction of the rectory.

The Cathedral recently sent \$4,500 to St. Paul’s for November and December. Thank you for your ongoing support of the Haiti ministry.

March Service Project

Richmonders Involved to Strengthen Communities

The Cathedral is a congregational member of RISC (Richmonders Involved to Strengthen Communities), which advocates for justice throughout Richmond. Please support RISC this month:

1. Attend RISC’s Nehemiah Action Meeting at 6:30 pm, on March 18 at St. Paul’s Baptist Church, 4247 Creighton Road. Meet-up at St. Paul’s Catholic Church on Rennie Street at 5:45 pm to carpool. Registration: <https://bit.ly/NA2025>
2. Donate to support RISC, either online (www.riscrichmond.org) or by using envelopes provided at March Masses.

Ongoing Service Projects

March 19 | 12:30–3:30 pm | FeedMore, Henrico

The Cathedral’s Social Justice Committee is committed to helping FeedMore by assembling meals one afternoon each month, usually the third Wednesday. No special skills are required; the work involves standing at tables to assemble meal items, with some light lifting and stooping.

Please sign up by the Monday prior to each service date: <https://bit.ly/feedmoreservice>. For questions, contact Richard Robbins (crrobb28@gmail.com).

Lectors

Parishioners are welcome to serve as lectors at Sunday Mass. Lectors must be baptized Catholics, have received their First Holy Communion, attend Mass each Sunday and holy days of obligation, and, if married, be married in the Catholic Church.

The ministry of lector is also open to young people who are at least in the 6th grade, and who are enrolled in a Catholic school or religious education program.

The *General Instruction of the Roman Missal* states that lectors should be “people who are truly suited to carrying out this function and carefully prepared, so that by their hearing the readings from the sacred texts the faithful may conceive in their hearts a sweet and living affection for Sacred Scripture” (no. 101). Those interested in serving as lectors are asked to contact Fr. Tony (tmarquas@richmonddiocese.com).

CATECHESIS

CHILDREN & YOUTH

ADULT

Annual Scout Mass

March 16, 2025 | St. John Neumann, Powhatan

Each year, all youth and adults involved with Boy Scouts, Girl Scouts, American Heritage Girls, or Trail Life in the Diocese of Richmond are invited to attend the annual Scout Masses where those who have earned Religious medals and emblems throughout the past year will be honored. His Excellency, Bishop Barry C. Knestout will preside at the Mass. For more information: <https://evangelizerichmond.org/events/annual-scout-mass-2/>

Youth Lenten Service Project

March 22 | 10:00 am – 12:00 N |

St. Vincent de Paul Thrift Store, Richmond

The St. Vincent de Paul Society is a network of friends, inspired by Gospel values, growing in holiness and building a more just world through personal relationships with and service to those in need.

The St. Vincent de Paul Thrift Store supports direct service to the poor. The shop is run primarily by volunteers. Cathedral youth and parents will serve together by working at the thrift store. Ages 12 and up can volunteer to help. Registration: <https://bit.ly/YouthServeSVDP>

Easter Sunday Children's Choir

The Cathedral children's choir sings at the 9:00 am Mass on Easter Sunday. Students from 2nd through 8th grades are welcome to participate. If you are interested, please email Amy Hruska (aghruska@verizon.net).

Rehearsals take place on designated Sunday mornings in the parish office conference room. Choristers must attend all rehearsals.

- March 23 10:05–10:55 am
- March 30 10:05–10:55 am
- April 6 10:05–10:55 am
- April 13 10:05–10:55 am
- April 19 11:00 am – 12:00 N
- April 20 (Easter Sunday): 8:00 am call time

Last Week in Catechesis

Students in the Good Shepherd atrium (ages 4 to 6) continued to prepare the prayer table. This activity includes laying the cloth for the color of the liturgical season and adding a prayer card, candles, a snuffer, and a sacred image. For the First Sunday of Lent, the prayer cloth will be changed to purple.

Jubilee 2025

Pilgrims of Hope

"The death and resurrection of Jesus is the heart of our faith and the basis of our hope. ...Christian hope consists precisely in this: that in facing death, which appears to be the end of everything, we have the certainty that, thanks to the grace of Christ imparted to us in Baptism, 'life is changed, not ended,' forever. Buried with Christ in Baptism, we receive in his resurrection the gift of a new life that breaks down the walls of death, making it a passage to eternity" (Bull of Indiction of the Jubilee Year, *Spes non confundit*, no. 20 §1).

The Jubilee Cross will remain in the sanctuary throughout the year so that the faithful can venerate it. Parishioners are encouraged to pray the Jubilee prayer that has been placed near the Cross.

Abstinence during Lent

Catholic ages 14 and older are obliged to abstain from eating meat on the Fridays of Lent (*Code of Canon Law*, canons 1251–1252). Expectant and nursing mothers, and those who are ill, are dispensed from the obligation of abstinence.

Adult Confirmation

Classes are available for adults seeking Confirmation. This sacrament is a special outpouring of the Holy Spirit that strengthens a person to live out the Catholic faith (*Catechism of the Catholic Church*, nos. 1285, 1302–1303).

To register, please contact Maria Thorsen (mthorsen@richmondcathedral.org).

Becoming a Catholic

A Journey of Faith

Are you or anyone you know interested in becoming a Catholic? The Order of Christian Initiation of Adults (OCIA) is a process for learning about the Catholic faith. This spiritual journey is for adults who have not been baptized, those who have been baptized in another denomination, and adults who were baptized Catholic but did not receive instruction in the faith. Adults who are open to discerning their personal experience of faith and learning more about the Catholic Church are welcome to OCIA.

If you are interested in discovering more about the Catholic faith, please contact Maria Thorsen (mthorsen@richmondcathedral.org).

Ongoing Acts of the Apostles Bible Study

Wednesdays: March 12 – May 14 | 7:00–8:30pm | Parish Hall

Acts is the story of how a few Christians, empowered by the Holy Spirit, were chosen to take the Good News of Christ to the ends of the earth. They faced secular forces, internal strife, and hostile crowds, and despite all of this, they brought the kingdom of God to a broken world and the love of God to the hearts of men.

Each meeting includes a video presentation, discussion, prayer and fellowship. A workbook can be purchased but is not required. Registration: <https://bit.ly/Actsregistration>

HOLY LENT 2025



PRAYER

Daily Mass: Tuesday–Friday at 12:00 N

Lauds (Morning Prayer): Wednesdays at 7:30 am | bit.ly/cshlauds

Eucharistic Adoration (prayer before the Most Blessed Sacrament):

Wednesdays at 6:00 pm and Tuesday, March 18 at 6:00 pm

Confessions: Wednesdays at 6:00 pm, Fridays at 5:00 pm, and Saturdays at 4:00 pm;

Lenten Penance Service: Wednesday, April 9 at 6:00 pm

Stations of the Cross: Fridays at 6:00 pm

Intercession for the sick (see bulletin)

Intercession for those in the Order of Christian Initiation for Adults (OCIA) (see bulletin).

Sorrowful Mysteries of the Rosary: <https://www.usccb.org/prayers/scriptural-rosary-sorrowful-mysteries>

Sunday Gospel: www.usccb.org

Seven penitential Psalms: Psalm 6, 31, 37, 50, 101, 129, 142

<https://www.usccb.org/prayer-and-worship/liturgical-year/lent/seven-penitential-psalms-songs-of-suffering-servant>

FASTING

Days of Abstinence: No meat may be eaten on Ash Wednesday (March 5), the Fridays of Lent, and Good Friday (April 18). This norm applies to Catholics 14 and older.

Days of Fasting: Only one full meal is permitted on Ash Wednesday and Good Friday for Catholics between 18 and 59. Two small meals should not equal a second full meal. Coffee, tea, or water between meals is allowed.

Lenten Soup Supper: Fridays at 5:00 pm

ALMSGIVING

Cathedral Poor and Needy Fund: <https://secure.myvanco.com/L-ZABM/campaign/C-ZRYS>

Haiti Fund: <https://secure.myvanco.com/L-ZABM/campaign/C-ZRYZ>

Annual Diocesan Appeal: <https://richmondcatholicfoundation.org/appeal/>

Donations to RISC (Richmonders Involved to Strengthen our Communities):

https://www.riscrichmond.org/invest_in_risc

Virginia March for Life, April 2: <https://marchforlife.org/virginia/>



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(CHIGOT, 1956)