

CATHEDRAL *of the* SACRED HEART

Dedicated on Thanksgiving Day, 1906
Serving Virginia Commonwealth University
Twinning with St. Paul's, Carissade, Haiti



FOURTH SUNDAY OF LENT

LAETARE SUNDAY

March 30, 2025

Most Reverend Barry C. Knestout
Bishop of Richmond

Very Reverend Anthony E. Marques, VF
Rector

823 Cathedral Place, Richmond, VA 23220

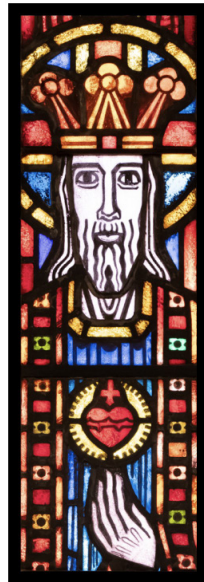
www.richmondcathedral.org

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 am – 4:00 pm

Parish registration: bit.ly/jointhecathedral



Christ the King window in the Cathedral (Rambusch, 1931)

MASSES

Tuesday–Friday: 12:00 N

Saturday: 5:00 pm

Sunday: 9:00 am, 11:00 am, 5:00 pm

CONFESSIONS

Wednesday: 6:00–7:00 pm

Saturday: 4:00–4:45 pm

EUCHARISTIC ADORATION

Wednesday: 6:00–7:00 pm

Easter Lillies

To celebrate the Lord's resurrection, the Cathedral will be decorated with lilies. Parishioners are invited to donate to help defray the cost of these lilies (\$20 each), which will bloom throughout the fifty days of Easter and beyond.

If you would like to donate, please write "Easter flowers" on your check or envelope and place it in the collection. Additionally, you are welcome to stop by the parish office to make a donation. Those donations received by April 13 will be posted on the bulletin board. For more information, please contact Robin Thomas (business@richmondcathedral.org or 804-212-3890).

Rector: Very Rev. Anthony Marques.....tmarques@richmonddiocese.org
Deacon: Rev. Mr. Christopher Malone.....cmalone@richmondcathedral.org
Deacon: Rev. Mr. Mark Matte.....mcmatte@verizon.net
Business Manager: Robin Thomas.....rthomas@richmondcathedral.org
Baptisms and Catechesis: Joy Weir.....jweir@richmondcathedral.org
OCIA: Maria Thorsen.....mthorsen@richmondcathedral.org
Weddings: Joanie Price.....afw@richmondcathedral.org
Music: Daniel Sáñez.....dsanez@richmondcathedral.org
VCU Campus Ministry: Chris Spilka.....cspilka@richmonddiocese.org
Office Manager: Katherine Leer.....kLeer@richmondcathedral.org
Bookkeeper: Lisa Hearl.....lhearl@richmondcathedral.org
Facilities: John Marike.....jmarike@richmondcathedral.org
Finance Council: Rosie Sinclair.....rbsinclair28@gmail.com

QR Code for Parking

Parking validation for Saturday and Sunday Masses only.



Valid until June 2025

When parking in the VCU Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.

COMMUNITY

CALENDAR

Saturday, March 29 2:00 pm 4:00 pm 5:00 pm	3rd Week of Lent Wedding (Joseph Incheck, Catherine Mischou) Confessions 4th Sunday of Lent Mass
Sunday, March 30 9:00 am 11:00 am 5:00 pm	4th Sunday of Lent Mass (+Becky Salp) Cathedral Facebook Livestream Mass (+Alan Dunn) Mass (<i>pro populo</i>)
Monday, March 31 12:00 N	4th Week of Lent No Mass
Tuesday, April 1 12:00 N	St. Francis of Paola Office closed Church closed outside of Mass Mass (+collective month's mind)
Wednesday, April 2 7:30 am 10:30 am 12:00 N 6:00 pm 7:00 pm	4th Week of Lent Lauds Virginia March for Life (Cathedral plaza) No Mass Confessions and adoration Bible study
Thursday, April 3 12:00 N	4th Week of Lent Mass (+Beverly Bach)
Friday, April 4 12:00 N 5:00 pm 6:00 pm	St. Isidore Mass Confessions, soup supper Stations of the Cross

INTERCESSORY PRAYERS

Pope's monthly intention (March): For families in crisis: Let us pray that broken families might discover the cure for their wounds through forgiveness, each other's gifts, even their differences.

Vocations: "While he was still a long way off, his father caught sight of him and was filled with compassion. He ran to his son, embraced him and kissed him" (Luke 15:20). Our Father calls us to run toward the path He has prepared for us. Is He inviting you to share this compassion with others through a vocation to the priesthood or consecrated life? Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

Sick: Richard Heberle, Margaret Huber, Madeline Peace, Elizabeth Storm.

Order of Christian Initiation of Adults (OCIA): Inquirers: Daniel Humphrey, Aiden Sangiray, Josh Singh, Russel Williams; Catechumens: Fabrizio Jimenez, Sara Omer, Sara Papa, Steven Taylor; Elect: Sydney Jones, Anna Pletch, Wray Walker; Candidates for Full Communion: Benjamin Ackerly, Jason Austin, Erica Banks, Nishaun Battle, Amanda Booth, Daniel Goetz, Grayson Hannegan, Ashley Jefferson, Julia Lucenti, Corina Nuckols, Kellie O'Brien, Brielle O'Connor, Faith Skibins, Stacie Stockton, Avery Witherow; Candidates for Confirmation and the Eucharist: Andrew Farrell, Janille Olario, Hans Smetana.

YOUNG ADULTS

April 2 Confessions and adoration | 6:00 pm | Cathedral
Bible study | 7:00 pm | Cathedral

April 4 Confessions, soup supper | 5:00 pm | Cathedral
Stations of the Cross | 6:00 pm | Cathedral

For more information: evangelizerichmond.org/young-adults

FINANCIAL CONTRIBUTIONS

Fiscal Year 2025

(July 1, 2024 – June 30, 2025)

Offertory Collection

	March 22–23	Year-to-Date
Weekly amount budgeted	\$18,500	\$703,000
Weekly amount received	<u>\$21,625</u>	<u>\$658,849</u>
	\$3,125	-\$44,151

Consistent modest contributions enable the Cathedral to pay for normal operating expenses (payroll, utilities, insurance). There are 1,229 registered families in the parish. If each registered household blessed the Cathedral with an extra \$10 a week during April, the parish would be able to meet its current offertory deficit. The goal is to collect, on average, \$18,500 per week to meet budgeted expenses. Thank you for your generosity.

Annual Diocesan Appeal

This annual collection is ongoing. The Cathedral's goal during this Jubilee Year is \$58,940 (out of a total diocesan target of \$4,676,409). The parish receives back 20% of the funds received up to the goal (\$11,788), and 50% of the funds above the goal. Last year, the Cathedral received back \$33,051. Use the QR code to donate. Thank you for your consideration.



Baptism

Baptism

Congratulations to Joseph William Paul Flythe, who was baptized last Saturday.

This first sacrament is the foundation of being a Christian. Baptism, according to the literal meaning of the term, is an "immersion" into the death and resurrection of Christ that shapes all of life: it forgives sins, it makes one son or daughter of God, and it joins one to the Church (*Catechism of the Catholic Church*, nos. 1213–1214, 1262–1263, 1265, 1267).

Sick List

So that a current list of the sick can be maintained, parishioners are kindly asked to inform Katherine Leer, office manager, of any changes (kleeer@richmondcathedral.org).

Out of respect for privacy, a person who is sick must consent himself or herself to being added to the list. Names on the list will be deleted after one month, unless the sick person, or someone authorized to speak on his or her behalf, indicates that he or she would like to remain on the list.

WORSHIP

Laetare Sunday

March 30

The Fourth Sunday of Lent is traditionally known as *Laetare* Sunday. The name is derived from the Entrance Antiphon (Introit) assigned to today's Mass: "Rejoice [Latin: *Laetare*] Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast" (Isaiah 66:10–11).

Roughly the midway point of Lent, today comes a respite from the penitential rigors of the season: rose-colored vestments may be worn, instrumental music may be played, and flowers adorn the sanctuary. Therefore, the theme of *Laetare* Sunday is joy.

Second Scrutiny in Preparation for Adult Baptism

March 30 | 11:00 am Mass

The scrutinies are special prayers offered for the elect, that is, adults preparing to receive the sacraments of Christian Initiation—Baptism, Confirmation, and the Eucharist—at Easter. Being penitential rites, the scrutinies, "have a double purpose... namely to reveal what is weak, sick and sinful in the hearts of the elect so that it can be haled; and what is honorable, strong and holy, so that it can be strengthened" (*Order of Christian Initiation of Adults*, no. 141).

The scrutinies take place on the Third, Fourth, and Fifth Sundays of Lent. According to the Church's ancient tradition, these rites are linked to specific Gospel readings that develop the themes of purification and enlightenment, which are the focus of the elect's final preparation. For this reason, the Church successively reads the stories of the woman at the well (John 4:5–42), the man born blind (John 9:1–41), and the raising of Lazarus (John 11:1–45) when the scrutinies are celebrated.

Notes from the Choir Loft

English composer Richard Farrant (ca. 1525–1580) enjoyed the support and patronage of Queen Mary I. Due to his extensive experience as a theater composer, in addition to his duties at the Royal Chapel, Farrant sensitively sets text to music. His brief work "Call to Remembrance" (Psalm 25) employs restrained trumpet calls at the beginning, contrasting with stylistic changes throughout to illustrate each strophe of the text.

Cathedral Foundation Organ Campaign

Turning "Pipe" Dreams Into Reality

"There's a thunderstorm outside—but the sun's out?!" "I'm pretty sure that it came from the organ." "No! No! Didn't you hear the thunder?!" This was the exchange between two spouses during last week's Gospel Acclamation, "From the shining cloud the Father's voice was heard." The wanted effect was intentional. The new organ has a storm (French: *orage*) lever. Depressing this lever with low-pitched pedal stops drawn creates the effect of rolling thunder.

THE EUCHARIST: OUR TREASURE

O God,
who have given us the true Bread from heaven,
grant, we pray,
that by the power of this spiritual food,
we may always live in you
and rise in glory on the Last Day.
Through Christ our Lord.

—*Holy Communion and Worship of the Eucharistic Mystery outside Mass*,
no. 226 (© 2020, ICEL)

SERVICE

March Service Project

Richmonders Involved to Strengthen Communities

The Cathedral is a congregational member of RISC (Richmonders Involved to Strengthen Communities), which advocates for justice in the Richmond area.

Thanks to all those who have supported this cause throughout March. You can continue to support RISC throughout the year at www.riscrichmond.org.

Virginia March for Life

April 2 | 10:30 am | Cathedral Plaza

The annual Virginia March for Life will take place at the Virginia State Capitol at 11:00 am on Wednesday. Fr. Tony will be leading a group to the event, departing from the Cathedral plaza.

Attending the March for Life is a compelling way to practice the spiritual works of mercy: counseling the doubtful, instructing the ignorant, admonishing the sinner, comforting the sorrowful, forgiving injuries, bearing wrongs patiently, and praying for the living and the dead.

Chrism Mass Volunteers

April 14 | 6:00 pm

The annual Chrism Mass, at which priests renew their promises made at ordination, and the holy oils are blessed by the bishop, will be celebrated on the Monday of Holy Week. Volunteers are needed to assist with the preparation and distribution of oils. If you would like to help, please contact Father Tony (tmarques@richmonddiocese.org).

Ushers

The liturgical ministry of ushers facilitates the reverent and orderly celebration of Mass (*General Instruction of the Roman Missal*, no. 105). Scheduling is done conveniently online and training is provided. Parishioners who would like to serve as ushers are asked to contact Father Tony (tmarques@richmonddiocese.org).

CATECHESIS

CHILDREN & YOUTH

First Holy Communion Preparation

Every Catholic remembers receiving the Eucharist for the first time. This sacrament contains the Real Presence of Jesus Christ and strengthens our union with him.

First Holy Communion normally takes place when a child is seven years old and in second grade. Please pray for the students preparing to receive their first Holy Communion: Anna, Dylan, Evangelista (Eva), George, James, John (Jack), John Travis (JT), Kathleen, Leo, Solei, Thomas, Varick, and Wyeth.

Questions about First Holy Communion preparation can be directed to Joy Weir (jweir@richmondcathedral.org).

Easter Sunday Children's Choir

The Cathedral children's choir sings at the 9:00 am Mass on Easter Sunday. Students from 2nd through 8th grades are welcome to participate. If you are interested, please email Amy Hruska (aghruska@verizon.net).

Rehearsals take place on designated Sunday mornings in the parish office conference room. Choristers must attend all rehearsals.

- March 30 10:05–10:55 am
- April 6 10:05–10:55 am
- April 13 10:05–10:55 am
- April 19 11:00 am – 12:00 N
- April 20 (Easter Sunday): 8:00 am call time

Registration:

Vacation Bible School | June 16 | 9:00 am – 12:45 pm

Cathedral Vacation Bible School is a wonderful week filled with Bible stories, games, snacks, music, crafts, skits, prayer, and daily Mass. Campers are ages 4 to rising 5th-grade students.

The cost is \$25 per camper. Rising 6th graders and up can volunteer at the camp. Priority registration for Cathedral parishioners: <https://bit.ly/CathedralVBS2025>

Last Week in Catechesis

The Lumen Christi atrium (4th – 5th grade) made lunches for the CARITAS Women's Shelter Healing Place. The food was purchased through the Social Justice Committee's grant for promoting human well-being. The fourth- and fifth-grade students have completed several service projects this year and have learned about the corporal works of mercy.

ADULT

Jubilee 2025

Pilgrims of Hope

"What is the happiness that we await and desire? Not some fleeting pleasure, a momentary satisfaction that, once experienced, keeps us longing for more, in a desperate quest that leaves our hearts unsated and increasingly empty. We aspire to a happiness that is definitively found in the one thing that can bring us fulfilment, which is love. ... Let us listen once more to the words of the Apostle: 'I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord' (Romans 8:38–39)" (Bull of Indiction of the Jubilee Year, *Spes non confundit*, no. 21 §2).

The Jubilee Cross will remain in the sanctuary throughout the year so that the faithful can venerate it. Parishioners are encouraged to pray the Jubilee prayer that has been placed near the Cross.

Abstinence during Lent

Catholic ages 14 and older are obliged to abstain from eating meat on the Fridays of Lent (*Code of Canon Law*, canons 1251–1252). Expectant and nursing mothers, and those who are ill, are dispensed from the obligation of abstinence.

Pro Populo Mass

The Mass is a sacrifice because it renews the sacrifice of Christ's death and resurrection (*Catechism of the Catholic Church*, no. 1366). The grace of this sacrifice can be applied to a person or group or group of people, living or deceased. According to Church law, at least one Sunday Mass (celebrated on Sunday or anticipated on Saturday evening) must be offered "for the people" (in Latin: *pro populo*) (*Code of Canon Law*, canons 388, 534).

Order of Christian Initiation of Adults (OCIA)

How can parishioners be involved? The whole parish represents the Church, and journeys with the members of OCIA. OCIA members are seeking to know Christ: "Reflecting upon the value of the Paschal Mystery and renewing their own conversion lead them by their own example to obey the Holy Spirit more generously". All parishioners play a role in the OCIA ministry through prayer, being a sponsor, and providing a meal for an OCIA session.

If you would like to be a prayer partner, be a sponsor, or provide a meal, please contact Maria Thorsen (mthorsen@richmondcathedral.org).

Acts of the Apostles Bible Study

Wednesdays: April 2 – May 14 | 7:00–8:30 pm | Parish Hall

Acts is the story of how a few Christians, empowered by the Holy Spirit, were chosen to take the Good News of Christ to the ends of the earth. They faced secular forces, internal strife, and hostile crowds, and despite all of this, they brought the kingdom of God to a broken world and the love of God to the hearts of men.

Each meeting includes a video presentation, discussion, prayer and fellowship. A workbook can be purchased but is not required. Registration: <https://bit.ly/Actsregistration>



CATHEDRAL *of the* SACRED HEART

March 30, 2025

Dear Cathedral Parishioners,

I want to let you know that the rectory backyard is being fixed up. This project will mark the completion of the rectory renovation. (The rectory is the brick house directly across the street from the Cathedral, at the corner N. Laurel St. and S. Cathedral Pl. / Floyd Ave.).

I moved into the rectory in November 2022 and am grateful to live in this historic house that is conveniently located next to the church. The Diocese of Richmond generously paid for the interior and exterior renovation of the rectory building, and the Cathedral parish pays no rent to the diocese.

As with the Cathedral's previous rectories, the parish is responsible for furnishing the house and paying for utilities, insurance, capital expenditures, and landscaping. The work now underway in the backyard will make that space more usable and will provide privacy and security. The scope of the project includes the installation of lattice panels, pavers, fencing, and a statue of the Virgin Mary.

The parish finance council approved the expenditure of \$118,000 for this project after reviewing multiple bids. The cost reflects recent price increases for materials and labor. Rosete Hardscapes, a local company, is carrying out the work.

The backyard renovation will be completed around Easter. I invite you to a reception there on May 4 at 12:00 N (following the 11:00 am Mass). This gathering will be an opportunity for us to enjoy the space.

I would like to thank the parish finance council for its assistance with this project. I also thank you for your continued support of the parish.

I wish you a holy Lent and a happy Easter.

Sincerely,

Fr. Tony Marques

Very Reverend Anthony E. Marques, VF
Rector

HOLY LENT 2025



PRAYER

Daily Mass: Tuesday–Friday at 12:00 N

Lauds (Morning Prayer): Wednesdays at 7:30 am | bit.ly/cshlauds

Eucharistic Adoration (prayer before the Most Blessed Sacrament):

Wednesdays at 6:00 pm and Tuesday, March 18 at 6:00 pm

Confessions: Wednesdays at 6:00 pm, Fridays at 5:00 pm, and Saturdays at 4:00 pm;

Lenten Penance Service: Wednesday, April 9 at 6:00 pm

Stations of the Cross: Fridays at 6:00 pm

Intercession for the sick (see bulletin)

Intercession for those in the Order of Christian Initiation for Adults (OCIA) (see bulletin).

Sorrowful Mysteries of the Rosary: <https://www.usccb.org/prayers/scriptural-rosary-sorrowful-mysteries>

Sunday Gospel: www.usccb.org

Seven penitential Psalms: Psalm 6, 31, 37, 50, 101, 129, 142

<https://www.usccb.org/prayer-and-worship/liturgical-year/lent/seven-penitential-psalms-songs-of-suffering-servant>

FASTING

Days of Abstinence: No meat may be eaten on Ash Wednesday (March 5), the Fridays of Lent, and Good Friday (April 18). This norm applies to Catholics 14 and older.

Days of Fasting: Only one full meal is permitted on Ash Wednesday and Good Friday for Catholics between 18 and 59. Two small meals should not equal a second full meal. Coffee, tea, or water between meals is allowed.

Lenten Soup Supper: Fridays at 5:00 pm

ALMSGIVING

Cathedral Poor and Needy Fund: <https://secure.myvanco.com/L-ZABM/campaign/C-ZRYS>

Haiti Fund: <https://secure.myvanco.com/L-ZABM/campaign/C-ZRYZ>

Annual Diocesan Appeal: <https://richmondcatholicfoundation.org/appeal/>

Donations to RISC (Richmonders Involved to Strengthen our Communities):

https://www.riscrichmond.org/invest_in_risc

Virginia March for Life, April 2: <https://marchforlife.org/virginia/>



PHOTO CREDIT: DONALD TRASER
(CHIGOT, 1956)