

CATHEDRAL *of the* SACRED HEART

Dedicated on Thanksgiving Day, 1906
Serving Virginia Commonwealth University
Twinning with St. Paul's, Carissade, Haiti



THIRD SUNDAY OF LENT

March 23, 2025

Most Reverend Barry C. Knestout
Bishop of Richmond

Very Reverend Anthony E. Marques, VF
Rector

823 Cathedral Place, Richmond, VA 23220

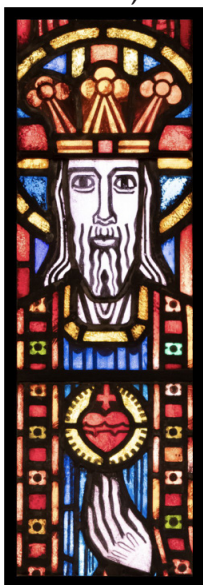
www.richmondcathedral.org

Office: (804) 359-5651

Emergency: (804) 254-0699

Monday–Friday: 9:00 am – 4:00 pm

Parish registration: bit.ly/jointhecathedral



Christ the King window in the Cathedral (Rambusch, 1931)

MASSES
Tuesday–Friday: 12:00 N
Saturday: 5:00 pm
Sunday: 9:00 am, 11:00 am, 5:00 pm

CONFESSIONS
Wednesday: 6:00–7:00 pm
Saturday: 4:00–4:45 pm

EUCHARISTIC ADORATION
Wednesday: 6:00–7:00 pm

First Scrutiny in Preparation for Adult Baptism

Sunday, March 23 | 9:00 am Mass

The scrutinies are special prayers offered for the elect, that is, adults preparing to receive the sacraments of Christian Initiation—Baptism, Confirmation, and the Eucharist—at Easter. Being penitential rites, the scrutinies, “have a double purpose... namely to reveal what is weak, sick and sinful in the hearts of the elect so that it can be healed; and what is honorable, strong and holy, so that it can be strengthened” (*Order of Christian Initiation of Adults*, no. 141).

The scrutinies take place on the Third, Fourth, and Fifth Sundays of Lent. According to the Church’s ancient tradition, these rites are linked to specific Gospel readings that develop the themes of purification and enlightenment, which are the focus of the elect’s final preparation. For this reason, the Church successively reads the stories of the woman at the well (John 4:5–42), the man born blind (John 9:1–41), and the raising of Lazarus (John 11:1–45) when the scrutinies are celebrated.

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QR Code for Parking

Parking validation for Saturday and Sunday Masses only.



Valid until June 2025

When parking in the VCU Deck (801 W. Main St.):

1. Pull and keep a ticket to enter deck
2. Use this code from this bulletin or:
3. Take a photo of the code with your phone
4. When leaving the deck, insert your ticket first, then when asked for payment, scan the code and the gate will open.

COMMUNITY

CALENDAR

Saturday, March 22 4:00 pm	2nd Week of Lent Confessions
5:00 pm	3rd Sunday of Lent Mass (+Virginia Gerloff)
Sunday, March 23 9:00 am	3rd Sunday of Lent Mass (+Antonio Masullo) Cathedral Facebook Livestream
11:00 am	Mass (Carol Gadams)
5:00 pm	Mass (<i>pro populo</i>)
Monday, March 24 12:00 N	3rd Week of Lent No Mass
Tuesday, March 25 12:00 N	Annunciation of the Lord Mass (Barbara Adam)
Wednesday, March 26 12:00 N	3rd Week of Lent No Mass
6:00 pm	Confessions and adoration
7:00 pm	Bible study
Thursday, March 27 12:00 N	3rd Week of Lent Mass (+Cdl. James Gibbons)
Friday, March 28 12:00 N	3rd Week of Lent Mass
5:00 pm	Confessions, soup supper
6:00 pm	Stations of the Cross

INTERCESSORY PRAYERS

Pope's monthly intention (March): For families in crisis: Let us pray that broken families might discover the cure for their wounds through forgiveness, each other's gifts, even their differences.

Vocations: "I shall cultivate the ground around it and fertilize it; it may bear fruit in the future" (Luke 13:7-9). We are invited to consider how God may be cultivating our hearts, preparing us for a vocation of service. Is God calling you to priesthood or consecrated life, and patiently waiting for you to respond? Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

Sick: Richard Heberle, Margaret Huber, Madeline Peace, Elizabeth Storm.

Order of Christian Initiation of Adults (OCIA): Inquirers: Daniel Humphrey, Aiden Sangiray, Josh Singh, Russel Williams; Catechumens: Fabrizio Jimenez, Sara Omer, Sara Papa, Steven Taylor; Elect: Sydney Jones, Anna Pletch, Wray Walker; Candidates for Full Communion: Benjamin Ackerly, Jason Austin, Erica Banks, Nishaun Battle, Amanda Booth, Daniel Goetz, Grayson Hannegan, Ashley Jefferson, Julia Lucenti, Corina Nuckols, Kellie O'Brien, Brielle O'Connor, Faith Skibins, Stacie Stockton, Avery Witherow; Candidates for Confirmation and the Eucharist: Andrew Farrell, Janille Olario, Hans Smetana.

YOUNG ADULTS

March 26	Confessions and adoration 6:00 pm Cathedral Bible study 7:00 pm Cathedral
March 28	Confessions, soup supper 5:00 pm Cathedral Stations of the Cross 6:00 pm Cathedral
April 1	Theology on Tap 6:00-8:00 pm Strangeways Brewing, Dabney Rd., Richmond

For more information: evangelizerichmond.org/young-adults

FINANCIAL CONTRIBUTIONS

Fiscal Year 2025

(July 1, 2024 – June 30, 2025)

Offertory Collection

	March 15-16	Year-to-Date
Weekly amount budgeted	\$18,500	\$684,500
Weekly amount received	<u>\$16,102</u>	<u>\$47,276</u>
	-\$2,398	-\$47,276

We also received a \$1,000 bequest this week.

The Cathedral is grateful for parishioners' generous support throughout the year. There is currently a budget deficit of almost \$45,000. The Cathedral needs, on average, \$18,500 each week to cover normal operating expenses such as utilities, payroll, and insurance.

Easter Lillies

To celebrate the Lord's resurrection, the Cathedral will be decorated with lilies. Parishioners are invited to donate to help defray the cost of these lilies (\$20 each), which will bloom throughout the fifty days of Easter and beyond.

If you would like to donate, please write "Easter flowers" on your check or envelope and place it in the collection. Additionally, you are welcome to stop by the parish office to make a donation. Those donations received by April 13 will be posted on the bulletin board. For more information, please contact Robin Thomas (business@richmondcathedral.org or 804-212-3890).

Catholic Campus Ministry at VCU

Welcome back, students! We hope you had a refreshing spring break. A heartfelt thank you to our amazing group who participated in the Alternative Spring Break trip, where they made a positive impact by serving the wonderful community of Hampton Roads. As we enter the final quarter of the semester, we ask for your prayers and encouragement for all our students as they dive into the final half of the academic year.

To celebrate the return and foster camaraderie, we invite everyone to our Spring Fling this Saturday from 7:00 to 9:00 pm in the parish hall. Join us for an enjoyable evening filled with dancing, games, and delicious treats. It's a great opportunity to unwind and connect with friends as we all gear up for the busy weeks ahead. Don't miss out on this fun evening—let's make lasting memories together!

—Chris Spilka, VCU Campus Minister

Outstanding Young Man/Woman of the Year Deadline: March 26

The Knights of Columbus of Virginia and the Cathedral Knights are seeking to recognize a young man or young woman currently in grades 9-12. Please contact Francis Thompson (francis_thompson@me.com) to request an application.

WORSHIP

Meaning of Lent

“Through the two-fold theme of repentance and baptism, the season of Lent disposes both the catechumens and the faithful to celebrate the paschal mystery [the Death, Resurrection, and Ascension of Christ]. Catechumens are led to the sacraments of initiation [Baptism, Confirmation, and the Eucharist] by means of the rite of election, the scrutinies, and catechesis. The faithful, listening more intently to the word of God and devoting themselves to prayer, are prepared through a spirit of repentance to renew their baptismal promises” (*Ceremonial of Bishops*, no. 249; see also *General Norms for the Liturgical Year and the Calendar*, no. 27).

Confessions, Soup Supper, Stations of the Cross Fridays of Lent | 5:00–6:30 pm | Cathedral

On Fridays of Lent, confessions will be heard from 5:00–6:00 pm in the church, while a soup supper is served in the parish hall. The Stations of the Cross will be prayed at 6:00 pm in the church.

Notes from the Choir Loft

English composer Richard Farrant (ca. 1525–1580) was known primarily as a dramatist and producer. He was the founder of the original Blackfriars Theater, a site that had been the Dominican priory in London. (Members of the order were known as “friars” and wore a black cape over a white habit, hence the name “blackfriars”). Although very few of his sacred works survive, he enjoyed the support and patronage of Queen Mary I. His brief work “Lord, for thy tender mercy’s sake” expresses repentance and a calm trust in grace.

Cathedral Foundation Organ Campaign Turning “Pipe” Dreams Into Reality

The pipe organ is simultaneously an expression of human ingenuity and a glimpse of the ineffable majesty of God. The many voices and pipes of the instrument are like an assembly praising God in unison, highlighting both the complexity of designing an organ and the beauty that emanates from the harmonious sounds brought forth by elements of wood and metal.

THE EUCHARIST: OUR TREASURE

“As bodily nourishment restores lost strength, so the Eucharist strengthens our charity, which tends to be weakened in daily life; and this living charity wipes away venial sins. By giving himself to us Christ revives our love and enables us to break our disordered attachments to creatures and root ourselves in him.”

—*Catechism of the Catholic Church*, no. 1394

SERVICE

March Service Project

Richmonders Involved to Strengthen Communities

The Cathedral is a congregational member of RISC (Richmonders Involved to Strengthen Communities), which advocates for justice throughout Richmond. Please support RISC this month:

1. Attend RISC's Nehemiah Action Meeting at 6:30 pm, on March 18 at St. Paul's Baptist Church, 4247 Creighton Road. Meet-up at St. Paul's Catholic Church on Rennie Street at 5:45 pm to carpool. Registration: <https://bit.ly/NA2025>
2. Donate to support RISC, either online (www.riscrichmond.org) or by using envelopes provided at March Masses.

Chrism Mass Volunteers

April 14 | 6:00 pm

The annual Chrism Mass, at which priests renew their promises made at ordination, and the holy oils are blessed by the bishop, will be celebrated on the Monday of Holy Week. Volunteers are needed to assist with the preparation and distribution of oils. If you would like to help, please contact Father Tony (tmarquess@richmonddiocese.org).

Ongoing Service Project

March 27 | 4:00–6:00 pm | Ronald McDonald House

The Social Justice Committee coordinates meal preparation for families receiving care at area hospitals. We meet and prepare dinner for families staying at the Ronald McDonald House (2330 Monument Ave.). For questions and to sign up, please email Christine Burroughs (cmburroug@clarityconnect.com).

Virginia March for Life

April 2 | 11:00 am | Virginia State Capitol

The annual Virginia March for Life will take place next Wednesday. Fr. Tony will be leading a group to the event, departing from the Cathedral plaza at 10:30 am.

Attending the March for Life is a compelling way to practice the spiritual works of mercy: counseling the doubtful, instructing the ignorant, admonishing the sinner, comforting the sorrowful, forgiving injuries, bearing wrongs patiently, and praying for the living and the dead.

Spiritual Works of Mercy

There are seven spiritual works of mercy: (1) instructing the ignorant, (2) counseling the doubtful, (3) admonishing the sinner, (4) forgiving offenses, (5) comforting the afflicted, (6) bearing wrongs patiently, and (7) praying for the living and the dead.

“The works of mercy are charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities” (*Catechism of the Catholic Church*, no. 2447). These deeds fulfill Christ's teaching inscribed on the Cathedral's façade: IF YE LOVE ME KEEP MY COMMANDMENTS (John 14:15).

Altar Servers

The ministry of altar server is open to children and young people who have received their First Holy Communion and who regularly attend Sunday Mass. Parents of children and young people who would like to serve Mass are asked to contact Fr. Tony (tmarquess@richmonddiocese.org).

CATECHESIS

CHILDREN & YOUTH

ADULT

First Holy Communion Preparation

Every Catholic remembers receiving the Eucharist for the first time. This sacrament contains the Real Presence of Jesus Christ and strengthens our union with him.

First Holy Communion normally takes place when a child is seven years old and in second grade. Please pray for the students preparing to receive their first Holy Communion by name: Anna, Dylan, Evangelista “Eva”, George, James, John “Jack”, John Travis “JT”, Kathleen, Leo, Solei, Thomas, Varick, and Wyeth. Questions about First Holy Communion preparation can be directed to Joy Weir (jweir@richmondcathedral.org).

Easter Sunday Children’s Choir

The Cathedral children’s choir begins rehearsal this weekend and will sing at the 9:00 am Mass on Easter Sunday. Students from 2nd through 8th grades are welcome to participate. If you are interested, please email Amy Hruska (aghruska@verizon.net).

Rehearsals take place on designated Sunday mornings in the parish office conference room. Choristers must attend all rehearsals.

- March 23 10:05–10:55 am
- March 30 10:05–10:55 am
- April 6 10:05–10:55 am
- April 13 10:05–10:55 am
- April 19 11:00 am – 12:00 N
- April 20 (Easter Sunday): 8:00 am call time

Registration Is Open:

Vacation Bible School | June 16 | 9:00 am – 12:45 pm

Cathedral Vacation Bible School is a wonderful week filled with Bible stories, games, snacks, music, crafts, skits, prayer, and daily Mass. Campers are ages 4 to rising 5th-grade students.

The cost is \$25 per camper. Rising 6th graders and up can volunteer at the camp. Priority registration for Cathedral parishioners: <https://bit.ly/CathedralVBS2025>

Last Week in Catechesis

The high school students discussed why we attend Mass, how to prepare for Mass during the week, and how to actively participate in Mass. The discussion will continue this week with exploring more closely the Liturgy of the Eucharist.

Jubilee 2025

Pilgrims of Hope

There is an indulgence associated with the Jubilee Year. An indulgence is one way to cleanse the “residue” of sin that remains after sins have been forgiven in the sacrament of Penance: “Every sin... entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death, in the state called Purgatory.” In our humanity, weak and attracted by evil, certain residual effects of sin remain. These are removed by the indulgence” (*Spes non confundit*, no. 23 §3).

The jubilee indulgence can be gained by venerating the jubilee Cross and reciting the jubilee prayer at the Cathedral, or by carrying out works of mercy for those in need, including the sick and disabled. The usual conditions for an indulgence must also be fulfilled: confessing one’s sins, receiving Holy Communion, and praying for the pope’s intention (listed in the bulletin).

Abstinence during Lent

Catholic ages 14 and older are obliged to abstain from eating meat on the Fridays of Lent (*Code of Canon Law*, canons 1251–1252). Expectant and nursing mothers, and those who are ill, are dispensed from the obligation of abstinence.

Last Rites

The last rites are the sacraments and prayers administered on the verge of death. “Penance, the Anointing of the Sick and the Eucharist as Viaticum constitute at the end of Christian life ‘the sacraments that prepare for our heavenly homeland’ or the sacraments that complete the earthly pilgrimage” (*Catechism of the Catholic Church*, no. 1525).

The Eucharist is the primary sacrament of the dying. When this sacrament is received close to death, it is called Viaticum, a Latin term meaning, “food for the journey.” Holy Communion, Penance, Anointing of the Sick should also be received before the point death, once a person becomes seriously ill.

Adult Confirmation

Classes are available for adults seeking Confirmation. This sacrament is a special outpouring of the Holy Spirit that strengthens a person to live out the Catholic faith (*Catechism of the Catholic Church*, nos. 1285, 1302–1303).

To register, please contact Maria Thorsen (mthorsen@richmondcathedral.org).

Acts of the Apostles Bible Study

Wednesdays: March 26 – May 14 | 7:00–8:30 pm | Parish Hall

Acts is the story of how a few Christians, empowered by the Holy Spirit, were chosen to take the Good News of Christ to the ends of the earth. They faced secular forces, internal strife, and hostile crowds, and despite all of this, they brought the kingdom of God to a broken world and the love of God to the hearts of men.

Each meeting includes a video presentation, discussion, prayer and fellowship. A workbook can be purchased but is not required. Registration: <https://bit.ly/Actsregistration>

HOLY LENT 2025



PRAAYER

Daily Mass: Tuesday–Friday at 12:00 N

Lauds (Morning Prayer): Wednesdays at 7:30 am | bit.ly/cshlauds

Eucharistic Adoration (prayer before the Most Blessed Sacrament):

Wednesdays at 6:00 pm and Tuesday, March 18 at 6:00 pm

Confessions: Wednesdays at 6:00 pm, Fridays at 5:00 pm, and Saturdays at 4:00 pm;

Lenten Penance Service: Wednesday, April 9 at 6:00 pm

Stations of the Cross: Fridays at 6:00 pm

Intercession for the sick (see bulletin)

Intercession for those in the Order of Christian Initiation for Adults (OCIA) (see bulletin).

Sorrowful Mysteries of the Rosary: <https://www.usccb.org/prayers/scriptural-rosary-sorrowful-mysteries>

Sunday Gospel: www.usccb.org

Seven penitential Psalms: Psalm 6, 31, 37, 50, 101, 129, 142

<https://www.usccb.org/prayer-and-worship/liturgical-year/lent/seven-penitential-psalms-songs-of-suffering-servant>

FASTING

Days of Abstinence: No meat may be eaten on Ash Wednesday (March 5), the Fridays of Lent, and Good Friday (April 18). This norm applies to Catholics 14 and older.

Days of Fasting: Only one full meal is permitted on Ash Wednesday and Good Friday for Catholics between 18 and 59. Two small meals should not equal a second full meal. Coffee, tea, or water between meals is allowed.

Lenten Soup Supper: Fridays at 5:00 pm

ALMSGIVING

Cathedral Poor and Needy Fund: <https://secure.myvanco.com/L-ZABM/campaign/C-ZRYS>

Haiti Fund: <https://secure.myvanco.com/L-ZABM/campaign/C-ZRYZ>

Annual Diocesan Appeal: <https://richmondcatholicfoundation.org/appeal/>

Donations to RISC (Richmonders Involved to Strengthen our Communities):

https://www.riscrichmond.org/invest_in_risc

Virginia March for Life, April 2: <https://marchforlife.org/virginia/>



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(CHIGOT, 1956)